



**MISSION: Community collaboration striving to build a healthy, substance free environment for youth Drug Free Communities Primary Purposes: 1. Strengthen Collaboration Among Community Entities
2. Reduce Substance Use Among Youth**

Substance Abuse MAPP Subcommittee Meeting Minutes

January 12, 2021

Meeting called to order: 11:00 AM

Attending: Vicky Solomon – Nexus, Executive Director
Brenda Willis – Nexus, Program Coordinator
Debbie Robertson - Nexus, Administrator
Julee Sherwood – Nexus Administrator
Sylvia Turley – Nexus, Program Coordinator
Jeremy Simko - Community Bridges Incorporated, Behavioral Health Technician
Amanda Popsi - National Guard Counterdrug Task Force
Michael Gunderson, Master Sgt. National Guard Counterdrug Task Force
Stefanie Carroll, Nexus, Prevention Specialist
Tony Lopez - Navajo County Public Health, Opioid Prevention Coordinator
Amy Stradling – Navajo County Public Health, Division Manager
Ralph Engler - NAMI (National Alliance on Mental Illness)
Joe Shelley – Chief Show Low Police Department
Amber Patterson – Parent Educator
Stephanie Delgado – National Guard Counterdrug Task Force
Sydney Fox – HIDTA Public Health Analyst, CDC Overdose Response
Rochelle Lacapa – Tom O’Halloran’s office

Vicky Solomon: THANK YOU for attending!

Introductions of attendees.

Nexus updates: We have hired a Health Educator for Snowflake-Taylor area, Stefanie Carroll. We have also hired two parent educators, Lucy Hamblin to cover Snowflake-Taylor area, and Amber Oldham to cover Pinetop-Lakeside area.

Brenda Willis – I am working with Teen Court and am working with a youth for disorderly conduct. We offer decision making classes, resilience skills, not just focus on drug and alcohol. I am teaching at Red Hawk Ranch and teaching the 2B MPOWRD program. I am also teaming up with Linda Teague at Navajo County Public Health to do Naloxone training, the first one will be next Thursday in Show Low. BRHS is online only, SLHS is both online and in person. Show Low Student Council doing a 1-hour program then going to Nikolaus Homestead to do training with them. Linda Teague and I distributed over 650 items into the public in December.

Sylvia Turley – We have received a new TIPP (Trauma Informed Primary Prevention) This grant covers the Snowflake Taylor area. The TIPP grant will allow us to expand trauma informed education, increase resilience against substance use and increase awareness of trauma informed primary prevention. Stefanie and I are introducing our program to Snowflake/Taylor School Board this Thursday. We are also working with NCIS in Holbrook and hopefully provide education and services to students there.

Vicky Solomon: Short training on counterfeit pills laced with fentanyl.

Refer to website www.thedeadliesthigh.com

Results from Town Hall meetings held in November by 22 coalitions throughout Arizona indicated that the #1 need in our communities is more awareness and information on drugs affecting our areas.

ANNOUNCEMENTS OR UPDATES FROM ATTENDEES:

Joe Shelley-Chief Show Low PD: We would love to help with anything your coalition is doing.

Amanda Popsie-National Guard: Our Dispose-A-Med event is on January 30, 2021. We are partnering with different counties and coalitions. We want to bring attention to clean out your medicine cabinets and keep out of the kids' hands. There is a new Cigna grant available.

Master Sgt. Michael Gunderson-Arizona National Guard Counterdrug Task Force: Counter We have provided in person classes for 8th graders and virtual classes for 6th – 12th graders on subjects including dangers of substance use, stress, poor decisions. This is a 9-week program in which we have reached 377 students virtually in one day.

Anthony Lopez- Navaho County Public Health: We are working with working with Chief Probation Officer Jason Cash and Navajo County Courts and probation department. We will have future presentation at the HUB and provide opioid prevention to P.O's caseload.

Our new slogan is Just say N.O.P.E to drugs! N.O.P.E. stands for Navajo Opioid Prevention & Education. I am designing a trifold pamphlet with overdose statistics to include substance misuse programs OAR #, NEXUS info Naloxone training/distribution, med drop box info, behavioral health info, etc. We are also working/collaboration with CBI for future family friendly Navajo County drug prevention city/town event (Depending on COVID-19 restrictions). As well as ongoing outreach.

Vicky commented: Linda Teague is doing an incredible job working with Brenda, and both are doing awesome work outreaching in the community.

Jeremy Simko – We are providing a diversion program for youth in person and virtual. Kids are referred to our program from schools, parents, probation. We teach Botvin LifeSkills. We are physically located in Payson but travels throughout the state. We have 15-20 Drug test kits available if needed.

Sydney Fox – I work with Randy Moffit with HIDTA. Our pitch is how many communities we can get into. See what coalitions are doing and what gaps are there that we can help with. We're piloting an ODMAP in Mohave county and extended to Pinal, Tucson PD and Yavapai county. ODMAP allows for dispatchers to go into system and drop a geo coded pin that says somebody overdosed here(ish) and what the substance was. These are real time response efforts so anyone in the county can get behind how can we respond to what is going on in our area real time. We can do presentation of what ODMAP looks like and how to use. At state level a lot of areas have excess Naloxone and risking expiring. So, we have this "leave behind" idea where if someone overdoses, they can leave behind a Naloxone for the family to have. I can be reached at sfox@azhidta.org

Ralph Engler– There is a WM Chapter meeting on January 19th at 5:30 pm. Send an email to maggie4voltr@yahoo.com

You can also go to mentalhealthresource.org to find mental health support services, information, treatment options.

Stefanie Carroll – Relocated from NE Indiana. My background is in Transportation. Drug prevention has a lot of information to absorb, we worked with DARE program in Indiana. This seems like a very fulfilling journey.

Debbie Robertson – Debbie is relocating and retiring as her role as Administrator for Nexus in a few months. When I started with Nexus, we only had 2 employees and have grown under Vicky. Reaching out to youth is one of my big passions. Our youth is our future and I love to watch them grow and reach their goals, that's why we are all here.

Meeting adjourned: 12:02 PM

If you have ANYTHING to ADD to me reporting CHIP Stakeholders, PLEASE SEND TO ME. You can go to: Navajo County Public Health. Community Health Needs Assessment page to SEE if your organization has any numbers to report to HELP!

<https://dashboards.mysidewalk.com/navajocountychip/substance-abuse>

Do you have anything to REPORT to the Drug Free Coalition? What are the prevention efforts your organization is providing for communities?

Strategies:

1. Reduce Illicit acquisitions and diversion of prescription drugs
2. Promote responsible prescribing and dispensing policies and practices
3. Increase public awareness and patient education about RX drug misuse and abuse/Law enforcement
4. Enhance assessment and referral to substance abuse treatment

Dates for Drug Free Coalition Meeting – 2nd TUES of EACH MONTH excluding June/July (No meetings)

Nexus Coalition for Drug Prevention Information:

- **Naloxone has been approved by the Surgeon General. Nexus staff is trained and offers free Naloxone training. Naloxone – We have FREE Naloxone to distribute – 82% of overdoses happen in your homes. IF YOU HAVE CHILDREN IN HOME & PAIN MED, YOU NEED NALOXONE IN YOUR EMERGENCY KIT. 3 MIN VIDEO- WHAT IS NALOXONE? <https://youtu.be/RcAaZQQqd50>**
- Visit our Facebook page: <https://www.facebook.com/ncdpncdp/>
- Looking for Board Members, please contact vsncdp@gmail.com
- For any Amazon orders you can use this option to help donate to NCDP: **smile.amazon.com** and put “Friends of Navajo County” as the recipient (NO extra cost to you!!)
- **DUMP YOUR DRUGS - Local Police Departments open 24/7/365**
- **AZ Charitable Contribution Tax CREDIT** limits **\$400 per person \$800 per couple** – please consider setting up monthly donations to support Drug Free Communities and GET TAX CREDIT!! (\$33 or \$65 per month-easy to set up auto-pay)
- Brenda & Sylvia are working with Teen Court and Judges for youth Drug/Alcohol/Tobacco Diversion Education