

PREVENTION PRESS

March Mpowrd Training Comin' Around the Mountain

Teen leadership and empowerment is achievable in 12 weekly lessons. Nexus Coalition for Drug Prevention (NCDP) conducts weekly Mpowrd programs in Blue Ridge and Show Low school districts with positive outcomes. NCDP looks to expand this program across the mountain by offering training a local 2-day training, March 31-April 1.

This training program offers a comprehensive approach for individuals planning to offer MPOWRD meetings within their facilities. Redefining addiction, unconditional support, new strategies in empowerment, confidentiality factors, and creating balance and trust, are just several of the key components which will be emphasized at the training. Breakout sessions will be included simulating MPOWRD meetings and strategies. Lesson plans will be reviewed for consistency in approach and outreach.

MPOWRD trainings are recommended for: coalitions, high school staff, behavioral health providers, juvenile correction and detention personnel, and other youth support agencies. Fidelity checks are required before final certification is granted. Prior to certification, each facilitator will be monitored in a meeting, with voices of participants recorded. A detailed timeline will be provided during the training for the certification process. Two facilitators are required for each site offering the Mpowrd program.

Training, conducted by Phoenix-based Teen Addiction Anonymous, is sponsored by NCDP, Darbi's Cafe and Holiday Inn Express Pinetop. Other sponsorship opportunities remain available. Training cost of \$575 per person includes daily lunch. Special hotel room rates are available.

For information about the Mpowrd teen program, go to www.teenaa.org. For training information and registration, go to www.ncdp.rocks/events or contact vsncdp@gmail.com, or call (928) 358-1645.



Giving Made Easy

Arizona Gives Day is a powerful 24 hour online giving experience that unites Arizonans around causes they believe in. Hosted by the Alliance of Arizona Nonprofits and the Arizona Grantmakers Forum, Arizona Gives Day is a great way for community members to contribute to the nonprofits they support.

Donors may support Nexus Coalition for Drug Prevention, Mpowrd teen leadership program, and White Mountain Junior Leadership Academy via **Friends of Navajo County Anti-Drug Coalition, Inc.**

Donate now thru April 4 at this link: <https://azgives.org> and look for Friends of Navajo County Anti Drug Coalition, Inc.



Administration Office:
21801 W. Deuce of Clubs, Suite 100
Show Low, AZ 85901
(928) 537-2951, fax (928) 892-5828

Show Low:
2500 E. Show Low Lake Rd
Show Low, AZ 85901
(928) 537-2951, fax (928)

Thanks ChangePoint for your sponsorship.

YOUR BUSINESS could be a sponsor. too! Call Us!!

AZ Tax-Exempt Donation Available Until April 15

Want to make a difference in our community? Keep your state tax dollars on the mountain where they can make a difference—one kid at a time.

The state tax credit allows Arizona taxpayers to donate up to \$400 as individuals or \$800 for couples filing together. This donation can be claimed as a dollar for dollar tax CREDIT on the 2016 Arizona Income Tax return. The donation equally qualifies for a federal charitable contribution tax deduction.

Kids in our community need your help. Your state tax-exempt donation to youth substance abuse prevention can direct a child toward a positive future for our community—AND reduce your state tax balance.

Winner of two consecutive annual award recognitions from Arizona Center for Afterschool Excellence, Nexus Coalition for Drug Prevention's annual Junior Leadership Academy (JLA) for "at hope" youth makes a documented positive change in pre-teen attitudes. The non-profit auxiliary, Friends of Navajo County Anti-Drug Coalition, Inc., qualifies with the Arizona Department of Revenue for Arizona State Charity Tax Credit. The JLA program assists some 80 children annually and is supported **solely** by local donations.

Tax credit donations help Friends of the Coalition and NCDP meet the mission to transform community attitudes toward substance abuse. Educational outreach has reduced last 30-day drug use among youth in Show Low and Blue Ridge Schools. Between 2010 and 2014, underage drinking among Show Low 10 graders declined from 69.5 percent to 39.5 percent, while prescription drug use among Blue Ridge 12th graders declined from 11.9 percent to 7.1 percent of youth surveyed, according to the Arizona Criminal Justice Commission 2014 Arizona Youth Survey

The donation should be made to "Friends of the Navajo County Anti Drug Coalition, Inc.", EIN: 26-0468100.

This contribution does not conflict and may be made in conjunction with those to Arizona public or private educational institutions and foster care. Both tax credits may be deducted on the same tax return.

Checks should reach their destination by April 15, 2017: PO Box 1596, Pinetop, AZ 85935-1596 or may be direct deposited to Friends of the Coalition bank account at BBVA Compass, # 2508156009.

For information contact (928) 358-1645, ncdpncdp@gmail.com or www.ncdp.rocks/taxcredit

Prevention Contest Open to Local Youth

Calling all local youth artists! NCDP Drug Free Community Coalition launches it' seventh annual youth art contest themed around making good choices. All art entries must convey the theme: *The Best Me is Drug Free*

Navajo and Apache County youth in grades K-12 are invited to participate by submitting multi media artwork designed for possible T-shirt art and on pages of a 2017-18 back-to-school wall school calendar. The top three winners are eligible for cash prizes totaling \$225, art placement in a calendar and print materials during 2017-18 and special awards. All participants will receive participation certificates and gifts.

Original artwork minimum submission size is 8"x11" in any reproducible medium. All submissions must include the theme or slogan *The Best Me is Drug Free*. Group/class submissions are accepted. Deadline is May 5. Winners will be contacted. All submissions must be accompanied by an application signed by parent/guardian, listing teacher contact information. Submissions become the property of NCDP unless accompanied by a self-addressed, stamped envelope for return.

Complete information, details and entry form are available on the NCDP website, www.ncdp.rocks/events