



Drug Free Community Coalition

A community alliance working toward a healthy, substance-free environment for youth.

Press Release

For immediate release
DATE **March 3, 2017**

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Mpowrd Youth Leadership Training Coming

Teen leadership and empowerment is achievable in 12 weekly lessons. Nexus Coalition for Drug Prevention (NCDP) conducts weekly Mpowrd programs in Blue Ridge and Show Low school districts with positive outcomes. NCDP looks to expand this program across the mountain by offering training a local 2-day training, March 31-April 1.

This training program offers a comprehensive approach for individuals planning to offer MPOWRD meetings within their facilities. Redefining addiction, unconditional support, new strategies in empowerment, confidentiality factors, and creating balance and trust, are just several of the key components that will be emphasized at the training. Breakout sessions will be included simulating MPOWRD meetings and strategies. Lesson plans will be reviewed for consistency in approach and outreach.

MPOWRD trainings are recommended for: coalitions, high school staff, behavioral health providers, juvenile correction and detention personnel, and other youth support agencies. Fidelity checks are required before final certification is granted. Prior to certification, each facilitator will be monitored in a meeting, with voices of participants recorded. A detailed timeline will be provided during the training for the certification process. Two facilitators are required for each site offering the Mpowrd program.

Training, conducted by Phoenix-based Teen Addiction Anonymous, is sponsored by NCDP, Darbi's Cafe and Holiday Inn Express Pinetop. Other sponsorship opportunities remain available. Training cost of \$575 per person includes daily lunch. Special hotel room rates are available.

For information about the Mpowrd teen program, go to www.teenaa.org. For training information and registration, go to www.ncdp.rocks/events or contact vsncdp@gmail.com, or call (928) 358-1645.

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Vision Statement:

Engaging the community to respond to substance abuse issues by implementing strategies that transform community attitudes, perceptions and policies