

THURSDAYS



MPOWRD[®]

Mission: To empower youth to believe in, focus on and commit to positive personal success through a proven leadership program
A peer to peer support program for empowerment and unconditional support and outreach to others.

PEER TO PEER SUPPORT GROUP
By, With & For Teens

@ BRJHS—Thursdays Art Lab

Teens 13-18 years welcome. All meetings are free and Confidential.
Snacks provided.

Focus: strategies for positive behavior. Confidentiality is emphasized.
Includes self-assessment; defining life challenges and reaching out to support one another; empowerment for hope; understanding personal behavior; processing through a modified 12-step program

Supervision: by professionally trained and certified adults—however participating teens lead the meeting

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OR CONTACT COUSELOR MRS . MONTYA