## Fundraiser Guest Speaker: Martha Teater, M.A.



FUNDRAISER
FOR NCDP Drug
Free Coalition
AND Changepoint
Integrated Health
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Stabilization Unit
\$50 per plate.
RSVP contact:
vsncdp@gmail.com
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Flying in from North Carolina! I am a licensed marriage and family therapist and I see individuals, couples, and families dealing with a wide range of concerns. I am a Diplomate with the Academy of Cognitive Therapy, this highlights my training and experience in providing cognitive-behavioral therapy. I've been a therapist for a long time, and I still enjoy helping people make changes in their lives that help them be more content and successful. I am

a licensed clinical addictions specialist and have experience helping people with substance use issues recover and change their use.

Working with people who have chronic pain and giving them tools to reduce their opioid use and manage their pain differently has been a rewarding part of my practice.

Date: FRI, APRIL 13TH
Time: 6:30 PM - 8:30 PM
Location: TORREON GOLF CLUB
651 W Torreon Ct, Show Low, AZ
Please come & enjoy an evening
DINNER! Learn 10 ideas about
how we can care for ourselves and
others