



Steering Committee Meeting Minutes Sept 12, 2017
White Mountain Youth Center, Lakeside
1593 W Johnson Dr, Lakeside, Arizona

NCDP COALITION'S MISSION:
A community alliance working toward a healthy, substance free environment for youth.

Meeting called to order @ 5:06 pm

Present:

Vicky Solomon
Michelle Sgambelluri
Linda Wilson

Debra Robertson
Judy Evans

Emilia Banuelos
Tom Barela

1. THANK YOU- Introductions of attendees & agency reports round-robin

Debra Robertson – Administrator NCDP, excited about all the new things going on at NCDP.

Michelle Sgambelluri- Navajo County public health first annual grantee meeting heard about what other public health groups are doing. One woman in our group works with rural health and they are working on the stake holders tool kits which are on the governor's website she has asked me to work with her on a few reservation facilities. I will be collaborating with NCDP and NAMI which is a group that works with mental illness in Oct for the Blue Ridge Admin and staff.

Judy Evans – Show Low Jr. high teacher and JLA instructor. We need resources for our young men and women who just come out of rehabilitations where they have things they can fill their time and energies. I am working with Brenda in scheduling shoe processing for the end of the month with a youth group of about 25.

Linda Wilson – Local Juvenile Probation recently closed we have to send the children outside our county to Florence. I am currently working with our Courts and Probation on human trafficking issues. We have a video online *Nursery Rhymes and Daddies* which would benefit everyone to see.

Emilia Banuelos – President of SADD as a Senior @ Blue Ridge High School, we have a lot of ideas to go to the students this year to interact more with the students one on one. Will work with NCDP to schedule OTC Safety messages for 5th or 6th graders this year Oct/Nov. Will also pass out NCDP brochures in parade Sat 23rd. NCDP get brochures to her before next Sat.

Tom Barela- Local pediatrician, NCDP Board Member, working on data and wanting more programs in the community. Concerned and comments on marijuana and CBD the non-THC and how it is beginning to have difficulties interacting with OTHER medications people are taking, causing health problems. CBD's are altering metabolism; no prescription is needed. We need more data as we get more from Colorado that may help.

Program report/calendar:

- i. **Vicky Solomon** - NCDP delivered Drug Free calendars to 15 schools. WMI does a phenomenal job supporting NCDP! They produce the drug-free calendar.
- ii. **Vicky Solomon** - Please see our Sept Prevention Press for information about recycling plastic/aluminum container coming soon with the Town of Pinetop & Isaacs Recycling partnering with NCDP.
- iii. **Vicky Solomon** - Mpact is a shorter version of Mpowrd.
Judy Evans: I wish we knew a little more information as to what type of students need to be invited into this program. Vicky: Read email from Principal Dorsett with fliers attached. ALL kinds of youth are invited. Every youth can benefit from program. 6th grade, 7th grade & 8th grade can each have 6-10 youth in the Mpact class.
- iv. **Vicky Solomon** - NCDP sent out 500 parent education post cards with safety message to all incoming 6th or 7th graders at BRJH, SLJH & Sequoia. We want parents to know the resources provided: Free drug testing kits, parent education materials, Mpowrd, Mpact, Education in schools throughout the year.

- v. **Vicky Solomon** - Aug 31st NCDP was invited to have a booth in Holbrook for their: Governors Youth Faith & Family drug prevention night for 7th grade parents/students Brenda is currently participating this program tonight at Show Low Junior High School.
- vi. **Vicky Solomon** - Sept 9th NCDP Guest Speaker at the Annual Law & Order Appreciation Dinner at the SL Elks Lodge (Timber Mesa Fire & Medical District, Pinetop Fire, Show Low PD, Pinetop-Lakeside PD, AZ DPS, Navajo County Sheriff,) I was so honored to be asked. Because once of my car wrecks at age 15-they are dear to my heart! (see attached story)
- vii. **Vicky Solomon** - Sept 22nd - Billie Bowlin, Resident Services Coordinator at the Rainbow Housing in Lakeside has a monthly youth program she invited us to present for youth/parents.
- viii. **Vicky Solomon** - Starting in Oct SLJH will be piloting our new *Mpact* Program for youth. We will be in the school once a week all school year for 6th, 7th & 8th graders. (Leadership/Self Improvement/Learning to be positive/Encouraging Drug-Free)
- ix. **Vicky Solomon** - The whole month of Oct we will be participating in the Safety Village with Kirk Webb and will see over 2,000 youth in the month. AND it is Red Ribbon Week 23-27
- x. **Vicky Solomon** - NEED HELP WITH PAIRING/BAGGING SHOES – looking for any youth/adult groups to volunteer for matching, banding shoes. Also looking for 2-4 old folding tables to process shoes on and LEAVE at storage unit.

2. HIDTA (High Intensity Drug Trafficking Areas) Training- NCDP Share some of the information presented there. Brain-storm ideas of HOW to get this information out & more people from Navajo County area to attend NEXT HIDTA Training April 5th 9am-3pm Chandler. Please invite Navajo County Public Health, (Sheriff is represented by Randy Moffitt who attends) invite ALL OTHER police departments to attend. FANTASTIC information to HELP our local communities. I love this program and I hope to get Navajo County Public Health to this training in April. Local MCAT was a guest speaker. He showed us a video of what a user/dealer living room happenings look like. Cutting drugs on living-room table while 2 kids are in home, drug deals in and out of home while kids are home, mother hitting kid for getting in her way while she is trying to snort drugs/deal drugs, mom & dad in a brawl with guns in their hands while son trying to “save” mom from dad, sister watching mom dad brawl with real guns & has “fake” gun in her hands as she acts to shoot mom & dad, then turns fake gun on herself several times. Heartbreaking! These youth could be going to school with your kids/grandkids. They could be in your class if you are a teacher. Please think about what kids have to live like and try to be as patient and helpful as you can. Happening here in Navajo County.

Tom Barela- Suggestions on how to get HIDTA parent education materials out to public: Ask if WMI can help get HIDTA parent training material out to public. At school’s parent teachers conference, NCDP can have HIDTA parent education materials there. Work with Physicians to see if they can get parent education materials out.

Vicky Solomon – I am a Self-improvement guru. I wanted to share a John Maxwell training from coach Bruce Hackett bruce@brucehackett.com The 15 Invaluable Laws of Growth: Live Them and Reach Your Potential. It is an online course of 7 weeks from 7pm-8:30pm for \$99, you just need to buy the book for yourself. I bought mine at smile.amazon.com for under \$16. If you are interested, please email him Vicky with NCDP sent you. I want to try and organize the class so I can participate in it. We need about 10 to participate.

THANK YOU FOR YOUR TIME IN ATTENDING! We look forward to seeing you Oct 10th 4pm

Meeting adjourned @ 5:05 pm

Dates for Steering Committee Meetings

Please note meetings are the second Tuesday of each month from 4-5 pm, unless otherwise notified