



**Drug Free
Community Coalition**

Steering Committee Meeting Minutes Aug 8, 2017 at 4-5 pm

White Mountain Youth Center, Lakeside

1593 W Johnson Dr., Lakeside, Arizona

Called to order 4:14 pm

NCDP COALITION'S MISSION:

A community alliance working toward a healthy, substance free environment for youth

1. **THANK YOU-** Introductions of attendees & agency reports-round robin
Brenda Willis – I started last Tues super excited to work with drug prevention and a native of Show Low
Tom Barela- Local pediatrician, NCDP Board Member, 40 people die a day from Fentanyl over dose
David Butterfield – Math Teacher at BR, President of NCDP Board
Beth Schemmel – Teacher, JLA instructor
Troy Eberline- Show Low JH School Resource Officer/Police Officer, JLA instructor
Matt Williams – City of Pinetop/Lakeside community service
Emilia Banuelos – President of SADD at Blue Ridge High School
Deborah James - SADD Club student body president
Debra Robertson – Administrator NCDP
Vicky Solomon – Program Coordinator NCDP
2. **WELCOME** Brenda Willis to NCDP Team –Please welcome Brenda, Program Assistant, she joined us a week ago
3. **2017/18 ART CONTEST** – (See Newsletter) 1st place: Ms. Grace Whiting - 2nd Place: Ms. Tyler Harris - 3rd Place: Mr. Kolton Solomon Theme: “The Best Me Is Drug Free”

Program report/calendar:

- i. Vicky Solomon: Junior Leadership Academy for youth - (See Newsletter) June 12-23. We had 64 youth from Whiteriver, Pinetop/Lakeside & Show Low complete this year's program. Looking for Whiteriver and Show Low FUNDING sources- Working on trying to get more JLA data with permission from schools.
- ii. Vicky Solomon: June 14 & 15 – Substance Abuse Conference at the Hondah Casino/Rainbow Treatment Center. Hooked Rx education & parent resource table –NCDP reach est 200
- iii. Vicky Solomon: June 24-28 – Vicky went to CADCA National Coalition Academy in Santa Fe, NM. Will be implementing Partnership Group Model /Working on Community Assessment & review/update Logic Model. Information to come in an email. Looking for local conditions from teachers, youth & community members for environmental change.
- iv. Vicky Solomon: Aug - NCDP sending out 500 parent education post cards with safety message to all incoming 6th or 7th graders at BRHS, SLHS & Sequoia
- v. Vicky Solomon: Aug – NCDP will have calendars the end of Aug and will distribute in schools, libraries & throughout community. We want to make a better effort of helping the schools get the calendar into the parents and students hands. Please let us know if you have ideas and want some boxes for distribution.
- vi. **NEED HELP WITH PAIRING/BAGGING SHOES** – Any help with getting youth groups to volunteer to pair, rubber band & bag 25 pairs would be MUCH APPRECIATED!
Troy Eberline: Suggested teen court. School suspended.
Beth Schemmel: We offer a “certificate” and a scheduled day
Deborah James: Student Council has a group that looks for community service needs

Meeting Adjourned: 5:00pm

THANK YOU FOR YOUR TIME IN ATTENDING! We look forward to seeing you Sept 12th 4pm

Dates for Steering Committee Meetings

Please note meetings are the second Tuesday of each month from 4-5 pm, unless otherwise notified

Ongoing information for NCDP:

- Visit our updated website: <http://ncdp.rocks/>
- Visit our Facebook page: <https://www.facebook.com/ncdpncdp/>
- Looking for Board Members, please contact vsncdp@gmail.com
- Shoe Fundraising Update –NEED SHOES PAIRED AND BAGGED
- Alum Can/plastic fundraising update/Ink cartridges- BRING EMPTY CANS TO HELP RAISE \$
- For any Amazon orders you can use this option to help donate to NCDP: **smile.amazon.com** and put “Friends of Navajo County” as the recipient (NO extra cost to you!!)
- AZ Charitable Contribution Tax **CREDIT** limits **\$400 per person \$800 per couple** – please consider setting up monthly donations to support Drug Free Communities and GET TAX CREDIT!! (\$33 or \$65 per month-easy to set up auto-pay)

Navajo County 2016 AZ Youth Survey Findings: Highlights

These findings discuss some of the important attitudes and behaviors of Arizona youth who responded to the 2016 survey. 57,170 students from 249 schools across Arizona, 1,559 students in Navajo County.

Problem Behaviors

Alcohol Use in the Past 30 Days has continued to decline in Arizona; in **2016, 22.4 percent** of youth reported drinking alcohol in the past 30 days, a decline from 24.1 percent in 2014, and from 28.1 percent in 2012.

Marijuana Use in the Past 30 Days was reported at **14.2 percent**, a very slight increase from the 13.6 percent who reported using marijuana in 2014, but similar to the rate in 2012 of 14.3 percent.

Cigarette Smoking in the Past 30 Days among youth has continued to remain at a rate of less than one in ten who smokes regularly, with the **9.2 percent** of youth who reported this in 2016 staying similar to the 9.4 percent in 2014, down from 12.9 percent in 2012.

Prescription Pain Relievers Use in the Past 30 Days was reported at **6.4 percent** for 2016; this is an increase since the 4.7 percent reported in 2014, but is similar to the 6.2 percent reported in 2012.

Bullying on School Property: When asked how often during the past 12 months they had seen bullying on school property, **38.9 percent** of youth said they have seen bullying on school property at least once, and about 16 percent had seen bullying four or more times.

Risk Factors

Attitudes Favorable toward Drug Use: On average, students had **unfavorable views towards drug use**. On a scale of 1 (very wrong) to 4 (not wrong), the mean was **1.55**, and less than 5 percent of youth scored a 3 or higher, showing that youth believed it was wrong for someone their age to use alcohol, cigarettes, marijuana, or LSD/cocaine/amphetamines/illegal drugs.

Perceived Risk of Harm of Drug Use: Perceived risks of drug use showed a mean score that was towards the middle of the 1-4 scale at **2.31** suggesting that youth only perceived some moderate to slight risk for people using alcohol, cigarettes, marijuana, or prescription drugs without a doctor telling the youth to take them.

Protective Factors

Interaction with Prosocial Peers: On average, youth responded that they each had an average of two best friends who had participated in positive activities in the past year. Participating in clubs, committing to staying drug free, trying to do well in and liking school are all positive attitudes and behaviors for youth.

Consequences

Rode in a Car with Someone Who had been Drinking Alcohol: The vast majority of youth practiced the safe habit of not riding in a car with someone who had been drinking alcohol, with only **about 20 percent** of youth reporting having ridden in a car with someone who had been drinking in the past 30 days.

ACEs (Adverse Childhood Experiences)

Adult Actions in the Home: Unfortunately, **more than half of youth** reported that in their lifetime, an adult swore at, insulted, or put them down. Such early childhood experiences are linked to negative health outcomes later in life.

School Safety

Feel Safe at School: About **80 percent** of youth agree or strongly agree that they feel safe at school. School safety can impact certain youth behaviors such as school attendance and bullying.