



Steering Committee Meeting Minutes May 9, 2017 4-5 pm
White Mountain Youth Center, Lakeside
1593 W Johnson Dr, Lakeside, Arizona

NCDP COALITION'S MISSION:

A community alliance working toward a healthy, substance free environment for youth.

Meeting was called to order at: 4:05 pm

Those Present:

Debra Robertson
Beth Schimmel
Meghan Dorsett

Vicky Solomon
David Butterfield
Tom Barela

Michele Sgambelluri
Jalyn Gerlich

THANK YOU- Introductions of attendees & agency reports-round robin

- i. Report from Debra: Emilia/Rafael/Miriam - May 5th – Cinco de Mayo Fiesta 2pm – 4:00pm across from Pinetop-Pinetop/Lakeside Library Estimate number of attendance: est 150 turned out very successful.

Michele Sgambelluri – Drug over dose prevention- Went to the 2017 drug abuse and heroin exhibit. They added heroin to the name of the Summit. Cinco de Mayo was a fun, event I was glad to be apart of it.

Beth Schimmel-Part of JLA for 9 years now and teacher at Blue Ridge

David Butterfield -JLA for 10 years on the Board and a Jr. High Teach.

Debra Robertson- Office staff for NCDP

Jalyn Gerlich- County Offices are moving, Superior Court in the old class rooms where I use to teach so all the offices are being moved into the old Frontier offices. We will be closing our local juvenile probation facility.

Tom Barela –I am a Pediatrician, working with the Hospital for JLA funding, Vicky asked me to wait until she contacted them, to leave it in her hands for funding until she lets me know she needs me. I will be gone for 3 months from June-Aug

Meghan Dorsett – End of School year AZ Merit Testing complete. I love the impact Mpowrd and Vicky are having with our kids, hoping the SRO's will be funded after mistake at District turning in grant paperwork.

Vicky Reports:

1.) 2017/18 ART CONTEST - Theme: "The Best Me Is Drug Free" Members present will please judge the drawings, please use your 3 votes.

2.) Program report/calendar:

Vicky Reports:

- ii. April 23-27 – I went to CADCA National Coalition Academy in Santa Fe, NM. Will be implementing Partnership Group Model /Working on Community Assessment & review/update Logic Model. Information to come in an email. I will be going three different weeks at three different times this year. Our top three problems according to AYS 2016 are: Alcohol, Marijuana, and RX drugs. After Community assessment and qualitative data, we will set goals for this next school year for education to youth. (See attached)
- iii. April 29th – National Drug Take-back Day 11am-2pm – Young Marines volunteered to help at each location. Pinetop-Lakeside PD put out our RxMed Box, available 24/7/365
Pinetop-Lakeside – 42 pounds of Rx Disposal

Show Low – No data yet

Summit – No data yet

- iv. National Prevention Week May 15-20 /Facebook posts, class presentations if requested/ Graduation Post Cards will be sent out to Sequoia, Show Low and Blue Ridge. Remainder post postcards will be sent to Snowflake school.
- v. Junior Leadership Academy for youth - June 12-23. We will have a group in Whiteriver, Pinetop/Lakeside & Show Low – If anyone would like to volunteer or DONATE, please email vsncdp@gmail.com / Walter Blackman is coming to speak

Future Calendar item:

June 14 & 15 – Substance Abuse Conference at the Hondah Casino/Rainbow Treatment Center

Meeting Adjourned at: 5:05pm

THANK YOU FOR YOUR TIME IN ATTENDING! We will NOT have a meeting in June or July.

Next meeting is Aug 8th.

Dates for Steering Committee Meetings

Please note meetings are the second Tuesday of each month from 4-5 pm, unless otherwise notified

Ongoing information for NCDP:

- Visit our updated website: <http://ncdp.rocks/>
- Visit our Facebook page: <http://ncdp.rocks/>
- Looking for Board Members, please contact vsncdp@gmail.com
- Shoe Fundraising Update Vicky Solomon – 226 bags
- Alum Can/plastic fundraising update (.25 to .50) Ink cartridges- BRING EMPTY CANS TO HELP RAISE \$
- For any Amazon orders you can use this option to help donate to NCDP: **smile.amazon.com** and put “Friends of Navajo County” as the recipient (NO extra cost to you!!)
- AZ Charitable Contribution Tax **CREDIT** limits \$400 per person \$800 per couple – please consider setting up monthly donations to support Drug Free Communities and GET TAX CREDIT!! (\$33 or \$65 per month-easy to set up auto-pay)

Navajo County 2016 AZ Youth Survey Findings: Highlights

These findings discuss some of the important attitudes and behaviors of Arizona youth who responded to the 2016 survey. 57,170 students from 249 schools across Arizona, 1,559 students in Navajo County.

Problem Behaviors

Alcohol Use in the Past 30 Days has continued to decline in Arizona; in **2016, 22.4 percent** of youth reported drinking alcohol in the past 30 days, a decline from 24.1 percent in 2014, and from 28.1 percent in 2012.

Marijuana Use in the Past 30 Days was reported at **14.2 percent**, a very slight increase from the 13.6 percent who reported using marijuana in 2014, but similar to the rate in 2012 of 14.3 percent.

Cigarette Smoking in the Past 30 Days among youth has continued to remain at a rate of less than one in ten who smokes regularly, with the **9.2 percent** of youth who reported this in 2016 staying similar to the 9.4 percent in 2014, down from 12.9 percent in 2012.

Prescription Pain Relievers Use in the Past 30 Days was reported at **6.4 percent** for 2016; this is an increase since the 4.7 percent reported in 2014, but is similar to the 6.2 percent reported in 2012.

Bullying on School Property: When asked how often during the past 12 months they had seen bullying on school property, **38.9 percent** of youth said they have seen bullying on school property at least once, and about 16 percent had seen bullying four or more times.

Risk Factors

Attitudes Favorable toward Drug Use: On average, students had **unfavorable views towards drug use**. On a scale of 1 (very wrong) to 4 (not wrong), the mean was **1.55**, and less than 5 percent of youth scored a 3 or higher, showing that youth believed it was wrong for someone their age to use alcohol,

cigarettes, marijuana, or LSD/cocaine/amphetamines/illegal drugs.

Perceived Risk of Harm of Drug Use: Perceived risks of drug use showed a mean score that was towards the middle of the 1-4 scale at **2.31** suggesting that youth only perceived some moderate to slight risk for people using alcohol, cigarettes, marijuana, or prescription drugs without a doctor telling the youth to take them.

Protective Factors

Interaction with Prosocial Peers: On average, youth responded that they each had an average of two best friends who had participated in positive activities in the past year. Participating in clubs, committing to staying drug free, trying to do well in and liking school are all positive attitudes and behaviors for youth.

Consequences

Rode in a Car with Someone Who had been Drinking Alcohol: The vast majority of youth practiced the safe habit of not riding in a car with someone who had been drinking alcohol, with only **about 20 percent** of youth reporting having ridden in a car with someone who had been drinking in the past 30 days.

ACEs (Adverse Childhood Experiences)

Adult Actions in the Home: Unfortunately, **more than half of youth** reported that in their lifetime, an adult swore at, insulted, or put them down. Such early childhood experiences are linked to negative health outcomes later in life.

School Safety

Feel Safe at School: About **80 percent** of youth agree or strongly agree that they feel safe at school. School safety can impact certain youth behaviors such as school attendance and bullying.