



**Steering Committee Meeting January 12, 2016 at 4 pm  
White Mountain Youth Center, Lakeside**

**Meeting Called to order @4:02 pm**

**Present:**

Debe Campbell	Alicia Phillips	Debra Robertson
William Brown	Beth Schimmel	Greg Schimmel
Hannah Kilber	Heather Lucas	Gilbert Alvidrez
David Butterfield	Theresa Callaway	David Montes
Linda Morrow	Barry Yoyhoeoma	Michelle Pansulla
Lynda Wilson	Jalyn Gerlich	

1. Introductions of Steering Committee Member, Alicia Phillips Greeted and welcomed all present
2. Introduced and welcomed Debbie Robertson, New Administrative Assistant to NCDP staff.
3. Agency Reports—Round Robin:
  - A) Alicia Phillips reviewed 2015 statistics sheet from Trent Clatterbuck, Navajo County Medical Examiner.
  - B.) Hannah Kilber, Heather Lucas from: Teen Health Program spoke about Smart Girls & Wise Guys.
  - C.) Jalyn Gerlich, had a Meeting with NCDP???? and those coming out of Hope School.
  - D.) Michelle Pansulla from: First Things First Committee Outreach, making strides connecting with the faith community and sharing the importance of early childhood development.
  - E.) Barry Yoyhoeoma White River Bureau of Indian Affairs Major Crimes Looking to see what the NCDP, and Steering Committee was all about.
  - F.) David Montes Youth Adviser Group at Show Low Jr. High, Looking to start a Healthy Family Group in Blue Ridge.
4. Board Member Position openings and nominees:

William Brown asked, how do we make sure this board is strong? Mr. Brown stated we currently have a short list, however we want to ask you the board if you have any ideas for future members. Mr. Brown stated, we are looking for skilled men and women that would represent this community and this board, that they be influential, have connections to money, and committed to serving. Please write Ideas down and leave them with the NCDP staff.

5. NE Arizona Regional Conference March 4, 2016 Debe Campbell said we had left over funds from SAMHSA Grant and board has approved hosting to host this conference featuring Author; David Sheff at Hon-dah Convention Center in March. Our target audience is anyone who cares about substance abuse prevention.

Sponsorship opportunities available. If you have ideas for sponsors lets us know.

We are looking for professional articles by local substance abuse professionals to include in the tabloid that will be inserted into White Mountain Independent Feb 23 and be used as the event program. Advertising opportunities also available fromWMI.

Alicia Phillips stated, we will do a Book signing March 3, 5:30-7 pm with the 4 participating author speakers.

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6. Board Development, William Brown

Announced we have space on the board (at least 2 seats open) We are looking for Candidates.

7. Program report

- a. CSPMP Presented by Dr. Dean Wright to area DEA prescribers. In attendance we had a few Doctors and a few Office Managers it went well, the weather prevented some from attending.
- b. Upcoming Event: The Shred-A-Thon & Rx Takeback Jan 18. Lieutenant David Sargent from the Pinetop/Lakeside PD will be with us to pick up unwanted and expired drugs. The event will be held at the Pinetop/ Lakeside Sanitizing District. Our only permanent Drop Box is at lieutenant the Show Low PD.
- c. Upcoming Event: CADCA Training Academy February 1 – 4, Debe Campbell and Alicia Phillips along with two high school students will be attending Leadership Training in Washington D.C. The two youth accompanying them are a part of the Empowered Program, they are good students, and they have really stepped up, both kids are in Students Against Destructive Decisions.(SADD) as well.
- d. Outreach Update by Alicia Phillips: We slowed down the month of December, However I did attend Teen Court in Show Low this week and got to pass out cards and speak about NCDP to the judge.
- e. Mpowrd Group/Afterschool Tutoring:  
Mpowrd Report by Gilbert Alvidrez: The Mpowrd program brings kids together having them talk about real life issues and decision making, all of which, is led by the students and they themselves try to come up with the answers and solutions.  
Alicia Phillips added there are about twelve students and sometimes it can get emotional.  
William Brown added; this program helps these kids to learn to communicate, and we have seen some tremendous results through the years.
- f. Volunteer Hours  
If you have any volunteer hours to report please do send them to me.
- g. Engaging Committees  
No report

- h. AZFP Committee Advisory Panel – Alicia Phillips was asked to set on the board and is working with Coalitions in Navajo County. Alicia Phillips said; “It is exciting, and I am looking for highlights from each of your organizations to report back to the AZFP”.

Alicia added; Not My kid program for Adults topics such as: Internet Safety, Body Image and Self-Esteem are some of the topics, I was very impressed with the presentation. March 10 & 11

8. Recreational Marijuana Presentation (40 min) Alicia Phillips, Debe and I went to a marijuana training, she explained the changes in the rise in marijuana usage, it used to be; Alcohol, Tabaco then Marijuana now it is Alcohol, Marijuana and Tabaco. She also explained our country, State and local community is know where near prepared for what legalizing marijuana and this new law would mean.

The marijuana of today is higher in potency than the marijuana of the 60's and 70's.

The pro-marijuana advocate are marketing it with children in mind.

The effects they are going to have on our schools, with IQ levels dropping as low as 13%

The making of the Hash oil is also causing problems with fires as they use butane to distill it.

Barry Yoyhoeoma added, the marijuana joints are being laced with meth and other drugs which makes the situation even worse.

Debe Campbell added, we have been trying to get the verbiage of the law on the ballot but it is not being released, they are saying behavioral health may benefit form funds but we do not know what that means. And pointed out that the TSA marijuana sniffing dogs are being given away and can't be used any longer by the TSA.

Barry Yoyhoeoma asked, what options are there for help once a child is addicted?

Debe Campbell stated; we have nothing here on the Mountain for addicted children and very little for addicted adults.

Greg Schimmel shared, a student came to him that told him he had only used marijuana two times but now he can't even sleep alone he is so paranoid and he dropped out of school and can't even finish online school.

Barry Yoyhoeoma this could affect people getting employed in the future.

Debe Campbell said that the same people behind the legal use of marijuana, have admitted that they want to get all drugs legalized.

9. Other news and updates—For the good of the cause —none

#### **Dates for Steering Committee Meetings**

**Please note meetings are the second Tuesday of each month from 4-5 pm**

February 9th (followed by board meeting)

June 14th

October 11th

March 8th

July 12th

November 8th (followed by board meeting)

April 12th

August 9th (followed by board meeting)

December 13th

May 10th (followed by board meeting)

September 13th

Meeting adjourns @ 5:33 pm

White Mountain Youth Center, 1593 Johnson, Lakeside, Arizona

**Attachments:**

Navajo Public health Services District Case Statistics Jan-Dec 2015

NCDP March Conference Info 2 page Pack

Not My Kid Information Program 2 pack March 10-11 2016

Shred-A-Thon / Drug Drop off Flyer January 18, 2016

Marijuana Harmless? Think Again Handout

Did You Know? 5 Things About Marijuana That Can Harm Our Kids, handout