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## Steering Committee Meeting Minutes January 15, 2014

1. Program report—Debe Campbell
  - a. Permanent Med Takeback unit installed Oct 26 Pinetop-Lakeside PD—#61 dumped Oct 26-Dec 31. City of Show Low requesting unit. One unit previously approved by steering committee for purchase, one allocated by DFC. Consensus to purchase 2<sup>nd</sup> unit for installation at SLPD. Meeting with Show Low City Manager next week to discuss.
  - a. Jan 20 Shredathon & Takeback, 11 am-1 pm, Pinetop-Lakeside Sanitary District, Alisa Lane, Lakeside. Cooperation with PLSD and PLPD.
  - b. Summit Healthfair May 31 & Takeback
  - c. High in Plain Sight Nov 21—Report by SRO Alan Rogers—320 participants (teachers, parents, community) at Show Low. Officer Galloway has request to return to area. SRO Alan Rogers will advise us in advance so those who missed it can attend.
  - d. 2014: Coalition 10<sup>th</sup> anniversary—t-shirts: available for order, see form attached (return to Debe before Feb 1 to order or order on website)
2. Friends of the Navajo County Anti-Drug Coalition, Inc. 501c3 Annual Meeting:
  - a. Elections and annual meeting Feb 2, 3 pm, White Mountain Arts Alliance, Penrod Road, Show Low (old County Health Department, beside DES/CPS). Those interested/willing to serve as officer (President, Vice President, Secretary, Treasurer) please forward a brief resume to Debe re what you can bring to the table so those may be circulated prior to the meeting to facilitate voting. Description of positions is attached.
3. Subcommittee reports
  - a. Medical Examiner's Report—see attached
  - b. Community Bridges Report—Sharon Macedo Oliva attended National Coalition Academy in Tacoma in January. Substance Prevention Framework (state funding from federal SAMHSA pass-thru) will be directed to Coalition to parallel Drug Free Communities grant for addressing UAD and Rx abuse this year. More details to be provided as they become available.

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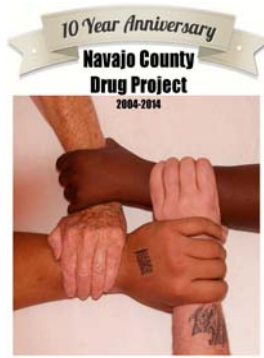
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- c. BRHS SAAD—Kylie Keramis—Mock disaster event April 17. Governor's Youth Commission (of which Miss Kerjmas represents Navajo County) has worked on 33 projects and is rolling out community projects for MLK Day of Service Jan 20
  - d. Show Low SRO/Teen Court Report—Teen court has handled 37 cases this school year from referrals from Justice Court, Juvenile Probation, Traffic Citations, Truency, Shoplifting, Domestic Violence, DUI/Accident. Court is open to public, 2<sup>nd</sup> and 4<sup>th</sup> Monday monthly at Show Low municipal courtroom, 6 pm. 3-4 cases are seen each session with 18 students participating in the court process. Defendants are sentenced to return as jury members, in addition to other peer determined consequences.
4. Drug Free Community grant updates/Action Plan
- a. Debe & Laura Mudge of Juvenile Probation (our fiscal officer for the DFC) attended the required new grantee meeting in Washington DC in early December. Debe and Sharon Macedo attended week 1 of 3 weeks of the mandatory National Coalition Academy near Tacoma, WA, in early January.
  - b. Seams are being meshed to facilitate cooperation between the county as the fiscal grantee and the coalition as the grant recipient. This has required some grant adjustment, legal paperwork, addition of liability insurances, etc., to facilitate the Coalition hiring staff with DFC budgeted and reimbursed funds. The negotiations have delayed hiring of 2 additional staff members (coordinator and assistant) with a target of Feb. 1 start—with all required instruments in place. Attached is scope of work outlined in Action Plan approved by SAMHSA in the DFC grant approval. This encompasses a \$125,000 budget of federal monies matched by local contribution of volunteer hours, media, in kind contributions, etc. The grant will be loaded on the website soon if anyone is interested is the nitty gritty.
  - c. 8 new Steering Committee partners targeted/✓ signed = ✓ Rob Pico, ✓ James Molesa, ✓ Cid Cota, ✓ Rosalva Zimmerman, ✓ Jacque Gencarelle, ✓ Rachel Parker, Kraig Muder, Bruce Sitko, Shelly Mowery, ✓ Kristin Polin, Shanda Breed, Chief Ron Wheeler, David Sargent, Joe Shelley new SLPD Chief....)
  - d. Membership program committee—develop a tiered membership scheme for sustainability. Committee: **Shanda Breed**—Debe to follow up with Shanda for movement
  - e. RX committee: monitoring program for 5 pharmacies, SBRIT training for medical offices. Committee: Kraig Muder, Mary Jeanne Munroe, Michelle Pansulla, Sharon Macedo, James Molesa
  - f. UAD committee—Social Hosting Ordinance Pinetop-Lakeside, UAD retail compliance outreach Committee: **Ron Wheeler**, David Sargent, Alan Rogers, Trent Clatterbuck, Arno Hall, Bruce Sitko, Tom Adduci, Lannie Gillespie, Rosalva Zimmerman .
  - g. MANDATORY volunteer hours tracking for DFC—matching funds
    - i. PLEASE submit your tracking sheets at will. You may include Coalition meetings, committee meetings, Friends board meetings, volunteer



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activities at our events....any contribution to the good of the cause!!!  
Even if you are speaking about the coalition to your church, social group or other organization, that counts and certainly is appreciated!!!!

5. Break out work sessions: UAD & Rx Abuse— see attachments
  - a. UAD — facilitated by MSgt Stephanie Jefferson
  - b. Rx Abuse — facilitated by Sharon Macedo Oliva
  - c. Work session comments:
    - i. “The work session was good, however we as community leaders can only do so much. Parents need to stand up and parent their children not be buddies and look the other way to be the cool mom or dad. It was valuable and with brainstorming and collaboration we may come up with a better way to police the issue and make a better difference.” —Trent Clatterbuck
    - ii. “I think the work sessions were very productive and gave a good insight for the members of the coalition. Good job on the organization of it all!” — Christa Marker
    - iii. “I wanted to let you know that I was very grateful to have been apart of the work session on UAD. I honestly had never thought about some of what we discussed on the topic. It was a great learning experience for me, just with what we discussed yesterday. In addition to working with youth, I love having the opportunity to work with adults because, compared to youth, they have more open and experienced views and helpful suggestions, which is always good for me to hear. I plan to be discussing it more with our SADD group as well..I think it will all be great!” — Kylie Krejmas
    - iv. “I thought the interaction and ideas shared were great and do able. Framework could be made. Having a wide range of participants was significant. Reinforcing the value of our communities and the needs that exist is a strong foundation.” — Dr Mary Jeanne Munroe

Upcoming:

- **Jan. 20:** 11 am-1pm, Pinetop Lakeside Sanitary District, Shredathon & RX takeback, with PLSD & PLPD.
- **April 3:** 11am-12:30 pm MST—All Steering Committee Invited to Coalition Academy Week 1 Reinforcement Webinar. Link will be sent via email.
- **May 31:** Summit Community Health Fair

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Next meetings:

- March 12
- May 21
- July 9
- September 17
- November 12 —Annual Planning Meeting

In attendance:

**Loyelin Aceves**, School Sector (appearing via video)

**Tom Adduci**, Law enforcement

**Shanda Breed**, State Governmental Agency with Expertise Substance Abuse (appearing via video)

**Debe Campbell**, Director

**Trent Clatterbuck**, Law enforcement

**Jacque Gencarelle**, Local Governmental Agency with Expertise in Substance Abuse (appearing via video)

**Lannie Gillespie**, School

**Arno Hall**, State Governmental Agency with Expertise in Substance Abuse

**Taylor Hatch**, School

**Kylie Krejmas**, Youth

**Christa Marler**, School

**James Molesa**, Law Enforcement

**Laura Mudge**, State Governmental Agency with Expertise in Substance Abuse

**Mary Jeanne Munroe**, Community

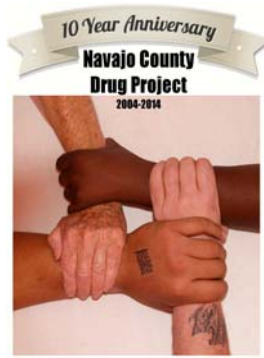
**Rachel Parker**, Youth

**Michala Reuchel**, Local Governmental Agency with Expertise in Substance Abuse

**Alan Rogers**, Law Enforcement

**Bruce Sitko**, Governmental Agency

**Stephanie Jefferson**, Law Enforcement



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## **Research-based Strategies Help Reduce Underage Drinking**

Strategies recommended by the Surgeon General to reduce underage drinking have shown promise when put into practice, according to scientists at the National Institute on Alcohol Abuse and Alcoholism (NIAAA). These approaches include nighttime restrictions on young drivers and strict license suspension policies, interventions focused on partnerships between college campuses and the community, and routine screening by physicians to identify and counsel underage drinkers.

NIAAA researchers Ralph Hingson, Sc.D., and Aaron White, Ph.D., evaluated studies conducted since the 2007 "Call to Action to Prevent and Reduce Underage Drinking." A report of their findings appears in the January issue of the *Journal of Studies on Alcohol and Drugs*.

"The downward trend in underage drinking and alcohol-related traffic deaths indicates that certain policies and programs put in place at the federal, state, and local levels have had an impact," said NIAAA Acting Director Kenneth R. Warren, Ph.D.

Since 2007, alcohol use and heavy drinking have shown appreciable declines in national surveys of middle and high school students. One study found that 12th-grade alcohol use declined from 66.4 percent to 62 percent in 2013, with a similar downward trend seen in eighth- and 10th-graders.

The researchers' analysis of recent studies on driving policies found that certain driving laws affecting underage drivers deter drunk driving and reduce fatal crashes. Graduated driver licensing laws for underage drivers, which include nighttime restrictions, and use/lose laws that lead to license suspension for an alcohol violation, have been effective, the review said. Individuals under the age of 21 are half as likely to drive after drinking in states with the strongest use/lose and graduated licensing laws, based on a national study.

The Surgeon General's Call to Action also recommended addressing college drinking by increasingly involving the surrounding community in intervention efforts. Studies since 2007 have shown the effectiveness of this approach, with successful programs implemented on campuses in North Carolina, West Virginia, Rhode Island, California, and Washington state. These programs focused on addressing alcohol availability,

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alcohol pricing and marketing, and enforcement of existing laws. Many campuses saw reductions in drunk driving and other alcohol-related harms.

Since the Call to Action, progress has also been made in establishing the effectiveness of screening and brief motivational interventions. In these types of short counseling sessions, individuals get feedback about their drinking patterns, and counselors work with clients to set goals and provide ideas for helping to make a change.

While studies show that brief motivational interventions can reduce alcohol consumption, only a small proportion of individuals under 21 are screened for alcohol use and advised of the risks. Among the 62 percent of 18- to 20-year-olds who saw a doctor in the past year, only 25 percent were asked about driving and only 12 percent were advised of health risks.

“An evaluation of the recommendations in the Call to Action reveals that certain strategies show promising results,” said first author Dr. Hingson, director of NIAAA's Division of Epidemiology and Prevention Research. “While progress has been made in addressing underage drinking, the consequences still remain unacceptably high. We must continue research to develop new interventions and implement existing strategies that have been shown to be effective.”

Drs. Hingson and White say expanded studies of the effects of alcohol on the developing brain, legal penalties for providing alcohol to minors, and parent-family alcohol interventions are among the research opportunities that could lead to further reductions in underage drinking.

Recent studies show that interventions aimed at strengthening family relationships in the middle-school years can have a lasting effect on students' drinking behavior, but more studies are needed to build on this finding, say the authors.

Underage drinking is linked to 5,000 injury deaths per year, poor academic performance, potential damage to the developing brain, and risky sexual behavior.

**Related:**

Visit <http://www.cadca.org/niaaa> to access videos and publications developed by CADCA, in partnership with NIAAA, about underage drinking and binge drinking.