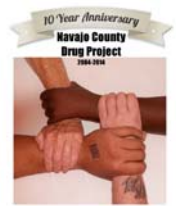


Navajo County Coalition Against Drug Abuse

A Coalition of Concerned Navajo County Residents Joined Together to:

- EDUCATE the Community on the substance abuse crisis
- REHABILITATE those who have fallen into the addiction
- ENFORCE laws pertaining to the spread of substance abuse in our communities



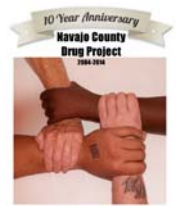
Steering Committee Minutes November 13, 2013—1-3 pm

1. *In Attendance:* Shanda Breed (state agency), Debe Campbell (Director), Trent Clatterbuck (healthcare), Lannie Gillespie (school), Deborah Girnt (healthcare), Arno Hall (law enforcement), Kylie Krejmas (youth), Sharon Macedo (substance abuse reduction organization), Mary Jeanne Munroe (community), Michelle Pansulla (parent), Tanya Reed (local government)
2. Program Report
 - a. Fund2Fund.org — Shoe Fund Raiser conclusion (10,114 pr shoes/\$4,045.60 income) Due to community demand, will conduct again next summer. Anyone that winds up with shoes meanwhile, we do have a donated locker at Midway Storage, Wagonwheel.
 - b. Turkey fundraiser (76 birds/\$1,495 sold to date/net profit \$305 to date) Flier attached. Please encourage friends, family and colleagues to buy their birds from us!!!
 - c. October Safety Village ±890 kids served via Lakeside Fire Dept program at numerous schools for fire safety month. Programs delivered by MJ Munroe, Sharon Macedo & Debe Campbell
 - d. Red Ribbon Week ±2300 kids served: Homestead, Whipple Ranch, Linden, Winslow, Blue Ridge and Pinon elementary school. We provided ribbons, posters, McGruff video, CD full of activities and certificated, etc.
 - e. National Drug Takeback Day #61 collected. Also rolled out new permanent disposal unit (see f.)
 - f. Med Takeback unit Pinetop-Lakeside PD—now in place for Rx OTC drop off 24/7/365. See attached flier. Laminated fliers and socialization to all pharmacies, fire stations and police depts. in Show Low and Pinetop-Lakeside. More laminated fliers ordered to do the same in Snowflake-Taylor, Holbrook, Winslow and Heber-Overgaard. This unit was funded by Friends of Coalition via vote last meeting. A unit also is funded under DFC Grant. We'd like to place that unit at SLPD with rollout on National Drug Takeback day (anticipate April 23, 2014) at SLPD.
 - a. Request for IGA with MCAT for collection of disposed drugs from PLPD has yet to be answered.
 - g. High in Plain Sight Nov 21—2 & 6 pm—Educator CEUs & AzPost credit
 - a. Recognize sponsors Hon-Dah (speaker hotel room) & Cellular One (hot dogs for 6pm session) SLUSD (funding speaker), SLPD (organizing speaker)
 - b. Encourage participation—pls distribute and post flier (attached)
 - c. National speaker ±2 hr program
 - h. Year-end tax exempt/deduction donation drive under way. Have sent out ±40 letters to date and received \$350 donations. Coalition members pls consider making tax exempt donation up to \$200/person or \$400/couple

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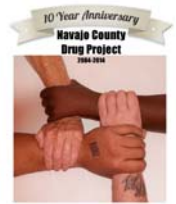
which reduces you Az tax contribution by an equal amount. Pay us instead of the state!!!!

3. Friends of the Coalition:
 - a. Oct fundraiser “Dancing Stars” ticket sales & donations \$2,315; ad sales \$2,750. Net profit \$4,06287. Profit to be split 50/50 with White Mountain Symphony. Debe is waiting to know if it is gross profit or just ticket sales being split.
 - b. Gold fundraiser update?
 - c. Officers & Board of Directors: needs to be voted to comply with Corporation Commission and bylaw regulations.
4. Subcommittee reports
 - a. Medical Examiner’s Report—Trent Clatterbuck
 - i. Since September meeting 10 additional deaths. Total to date 78. 29 natural (one of which was alcohol related); 10 suicide (2 additional drug & alcohol related); 13 drug and alcohol over doses; 18 motor vehicle accidents (7 of which are drug related), Total for 2012 = 96. Anticipate coming in under that total for 2013.
 - b. Hospital Report—Deborah Girnt
 - i. Tracking tool has been installed and will have report out at end of month. Meanwhile, anecdotally: have 2-3 kids weekly in ED for THC and prescription drug abuse, 2-3 for suicide ideation. Cutting and self-harm on rise. OB Unit, continue to see meth exposed mothers from the reservation/THC exposure for off rez patients. 3 substance exposed newborns/2 airlift to Phx Children’s Hospital, one housed 45 days in withdrawl. Adult ED presentation is largely depression, meth and benzodiazepine (seizures upon stopping benzos). Opioid abuse in adults increasing and impact from THC being seen. 3-4 accidental OD weekly among adults.
 - c. Nav Co Drug Court Report—Tonya Reed
 - i. 28 enrolled in Drug Court. Target is 50. 8 in north county/14 in south county population area. Referrals pending.
 - d. Community Bridges Report—Sharon Macedo
 - i. ACEs (Adverse Childhood Experiences) training Nov. 19, Winslow Police Dept, 10 am to noon. Contact Sharon for further info. (see attached overview of ACEs)
 - e. BRHS SAAD—Kylie Keramis
 - i. BRHS Students Against Destructive Decisions (SADD) is focusing on Bullying project and has purchased the movie BULLY (<http://www.youtube.com/watch?v=W1g9RV9OKhg>) in a G format for middle school/junior high and a high school format. The film features real life bullying situations. The goal is

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to have 100% of high school students view the film

5. Annual Planning Meeting

- 2014: Coalition 10th anniversary—committee would like new commemorative shirts.
- 2014 theme— RX & Alcohol —slogan ideas? Focus around community strength & SA reduction. Focus area Show Low/Pinetop-Lakeside. Slogan idea from Trent Clatterback: “when the party is over....” With



accompanying artwork: With a back up of corresponding statistics about Navajo County UAD and Rx use. Feedback and ideas welcome.

- DFC updates/see attached Action Plan—committee volunteers needed!!!!!! Contact Debe.
 - 8 new Steering Committee partners required by Dec. 31. (Rob Pico, Cid Cota, Kraig Muder, Shanda Breed, Chief Ron Wheeler, David Sargent, new SLPD Chief....) need CIA agreements signed by 8 new folks. If you know someone interested in sitting on the steering committee, pls contact Debe.
 - Membership program committee—develop a tiered membership scheme for sustainability. Committee: **Shanda Breed**
 - RX committee: monitoring program for 5 pharmacies, SBRIT training for medical offices (Kraig Muder, son of SL City Manager Ed Muder and a newly graduated pharmacist in our community, is interested in helping.) Committee: **Kraig Muder**, Mary Jeanne Munroe, Michelle Pansulla, Sharon Macedo.)
 - UAD committee—Social Hosting Ordinance Pinetop-Lakeside, UAD retail outreach Committee: **Ron Wheeler**, David Sargent, Alan Rogers, Trent Clatterback, Sharon Macedo
 - Strategic Planning retreat—set date before Aug 30
 - SAPP date targets (3 more <1 in Show Low, 2 in BRUSD)
 - Parent teacher conference encouraging RX vigilance (2x SLUSD, 2xBRUSD)
- 4 Takebacks: Oct 26 (done), Jan 20 Shreadaton, April (national takeback day ±20th—Show Low, hopefully to kick off new MedReturn Unit?), one more in summer for summer visitors
- MANDATORY volunteer hours tracking for DFC—matching funds—I

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know you guys hate tracking hours but ANY HOURS you contribute toward anything with the coalition please, please please track from Oct 1, 2013 to Sept 30, 2014. We have to provide \$125,000 in in kind MATCH for the DFC grant and every hour you give (on the road, attending our meetings, working events, making recruiting phone calls, printing and posting fliers, sharing info on the coalition and its events) counts toward this match. Without the documentation, we can NOT count your contribution. PLEASE be vigilant and bring hours to each meeting. Attached is form. Fill out one page per month so we can file with our quarterly reports. We LOVE YOU FOR YOUR CONTRIUTION!!!

- f. Meeting dates for 2014— 10 am Wednesdays
- January 15
 - March 12
 - May 21
 - July 9
 - September 17
 - November 12 —Annual Planning Meeting

