

Navajo County Drug Project

A Coalition of Concerned Navajo County Residents Joined Together to:

- EDUCATE the Community on the substance abuse crisis
- REHABILITATE those who have fallen into the addiction
- ENFORCE laws pertaining to the spread of substance abuse in our communities



Steering Committee Meeting Minutes

Dec 8, 2010—South Navajo County Health Dept, Frontier Conference Room

1. Attending: Deborah Baker, Barbara Bruce, Debe Campbell Greg Cardita, Dave Clark, Diana Lowell, Mary Jeanne Munroe, Chris Rodenchal, Jeff Smythe, Carlton Timms
2. Coordinator's report
 - a. Volunteer tracking hours: **please** complete attached form and return immediately
 - b. Hopi Alliance Against Substance Abuse, Carlton Timms elected president—invited NCDP for involvement with HAASA
 - i. Introduced guest, current President Deborah Baker—reported rez-wide UAD survey completed. Annual Sobriety Challenge Week activities including carnival with presentations, attracting up to 700. Music festival includes agency presentations and community cooperation. Vision to revise Hopi Ordinance 21 developed in 1930s and only addressing alcohol. Currently n tribal laws regarding possession, trafficking and distribution. Working to change this. Baker directs substance abuse education programs in Hopi elementary and middle schools. Contacts: 928-734-2462 x 109, debuwp8183@yahoo.com
 - c. Snowflake Headstart, Nov 19, Diana Lowell—75-100 reached
 - d. January County Attorney/Faith Based outreach—Jan 9, location TBA, 9 am, to brainstorm on what services faith based community can offer and integrate into substance abuse community. Pls forward to Debe any email contacts for any Faith Based contacts!!!!
 - e. Jan 15: DITEP workshop—see attached flier. 13 registered as of today. Capacity 50
3. Subcommittee reports
 - a. Medical Examiner's Report—Nov = 1 drug + 1 alcohol related death. 1) Winslow, 29, 0.055 BAC with liver like 50yo alcoholic; Pinetop-Lakeside, 22, methadone/marijuana, was completing application for CCC intake for treatment. Chris Rodenchal brought up another suspicious death of veteran shuffled between VA & CCC with frequent visits to Summit ER seeking help. Dual Dx, wound up dead—suicide, drug & alcohol related or accident? Cardita explained that without suicide note hard to rule suicide. More “undetermined” rulings lately to prevent insurance frauds.
 - b. PLAAD—Dave Clark—Jan 17 MLK Shred-a-thon (see attached flier), April 27 Harlem Ambassadors—tickets and sponsorship opportunities available; strong drug prevention message; fielding a competitive local team of dignitaries “White Mountain Wonders”. Soccer tourney on hold. 3 athletes busted for pot on campus. Dave Clark exploring random drug testing for high school extra curricular activity participants. PLAAD is purchasing a breathalyzer, beverage analyzer and swab detection equipment for BRHS. Alcohol has become/continues to be a huge problem. Reviewing athletic code of conduct. Trying to refocus on pro-activity. Concern for parents in denial and forgetting to be accountable. Recognition of RX problem with Oxy & Percoset—students obtaining directly from parents and friends.
4. 2011
 - a. Friends of the Coalition expansion, activation & assumption of duties—Prez Barbara Bruce
 - i. Goal to grow Friends group with fund raising for sustainability and more manpower for action. Bring people in who have a passion. Please think of people to bring in and contact Barbara with name, contact details, etc and she will personally address.
 - ii. Drug Net: From January DrugNet format changing to include more youth involvement and new time slot. Chris Rodenchal introduced idea of Youth Advisory Committee to cross over in NCDP AND appear on Drug Net.

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- iii. Youth Advisory Committee needs to be shaped but should include youth over 16 who can drive to participate; good kids, StuCo, etc but also kids who have been in treatment, have experiences and are on the up and up and those who can bring in the voice of the underworld.
- b. Spring Town Halls: committee: Kirk Grugel, Diana Lowell, Carlton Timms, Greg Cardita, Arno Hall, Chris Rodencal, Barbara Bruce—see last meeting minutes
 - i. Next committee meeting: Tuesday, Dec. 28, 11 am, Eva’s Cocina, Main Street, Snowflake—open to committee and interested steering committee members, no host lunch
5. Good of the order:
 - a. Jeff Smythe update on Medical Marijuana & Spice: DEA regulation of Spice as Schedule I drug to take effect Dec 26. Local shops to be notified. Meanwhile, look to arrest mobile sellers based on no city business license and arrest others on city code; “creative policing”. County health ordinance pending (per Brad Carlyon) to see what DEA and state movement will be. RE: Medical Marijuana, Show Low Council devising code to require dispensary location in visible, public areas with glass front, one entrance/exit only; commercial grows in airpark area. Private entities have expressed interest in dispensaries—unknown if local or out of town. No limitation on “infusion” sites (ie bakeries). Greatest concern for grows, which are hard to regulate and can get out of hand quickly, per Smythe.
 - b. SLPD will be offering DITEP for all city supervisors in view of Medical Marijuana approval.
 - c. City of Show Low will again coordinate lake or other clean up for MLK Day Jan 19, directed by Joel Weeks.
 - d. Chris Rodencal: Summit Healthcare is considering an up to 35 bed psych unit with an outside contractor. (YEH!)
 - e. Summit ER is seeing 2 to 3 times the rate of suicide attempts, notably in the 18-22 yo age group and 50 years plus. These are “serious attempts” such as slicing throats. Also, particularly from Show Low Jr & Hi schools—Bullying. At least 3 kids through ER punched in the face and one 6’ tall kid with fractures. Perps only get 3 days suspension! Lots of pill poppers from BRHS—unknown ingestion (5 white pills!?) Chris recommends peer counseling training and structures.

Future meetings:

South Navajo County Health Dept Frontier Room

Jan 12	Jul 13
Feb 9	Aug 10
Mar 9	Sep 14
Apr 13	Oct 12
May 11	Nov 9
Jun 8	Dec 14