

Navajo County Drug Project



A Coalition of Concerned Navajo County Residents Joined Together to:

- EDUCATE the Community on the substance abuse crisis
- REHABILITATE those who have fallen into the addiction
- ENFORCE laws pertaining to the spread of substance abuse in our communities

Steering Committee Minutes—Annual Meeting Nov 10, 2010—Show Low Police Department

In attendance: Margie Brakefield, Sandy Brimhall, Barbara Bruce, Debe Campbell, Greg Cardita, Arno Hall, Pat Hollins, Cynthia Lopez, Diana Lowell, Bud Miltenberger, Chris Rodencal, Carlton Timms.

1. Introduction of guests: Cynthia Lopez, NCSO, replacing Nora Isaacs
2. Coordinator's report
 - a. Non-profit board insurance is in place. Three year policy ±\$844/year, \$1 million coverage
 - b. Financials: bank balance \$39,403.87, of which about \$19,000 was donated for JLA
 - c. Volunteer tracking hours: please complete attached form and return at December meeting
3. Program Reports
 - a. Red Ribbon Week: 500 students: BRMS, Show Low High School & Elementary, Cradle Board, Joseph City, Holbrook HS, White Mountain Christian
 - b. Suicide Prevention workshops hosted by NCDP. About 40 participated from across the county; discussion of developing a local suicide prevention hotline
 - c. Program request for Joe City—tuned to Community Bridges; Carlton Timms handled
 - d. Co-op with Hopi Alliance Against Substance Abuse, Winslow Guidance, Holbrook Counselors, Meth Suicide Intervention & Prevention Taskforce Winslow—inroads made in association with these organizations for synergy
 - e. JLA '11 and Holbrook inclusion—Pat Hollins—HUSD has \$50,000 for a specific project. Pat is working with Superintendent Robbie Koerperich on introducing JLA. Arno to follow up with him. Perhaps Linda Morrow can express support to him.
 - f. Snowflake Headstart display, Nov 19, 1-4 pm. Diana Lowell volunteered to staff it.
 - g. Prop 203—has passed, provisionally. County Attorney will be working with individual city councils to pass zoning laws to restrict where dispensaries can be located, where grows can be located, and infusion outlets (bakeries!) [post meeting comment: there is a ripple of excitement among local high schoolers about the “legalization” of pot and attitudes already seem to be shifting about acceptability, as predicted]
 - h. Ministerial alliance—Brad Carlyon will host a meeting in January with area ministers and NCDP to see how faith based community can assist with counseling and other outreach services for Drug Court and substance abuse population in general
4. New AYS '10 Data— participating schools: Holbrook Junior High School, Snowflake Junior High School, Snowflake High School, Mogollon Jr High School, Mogollon High School, Show Low Junior High School, Show Low High School, White Mountain Institute, Alchey High School, Blue Ridge Junior High School, Blue Ridge High School
 - a. Teen dating violence and bullying are at levels of concern;
 - b. There are *decreases* in drug use in both lifetime and past 30-day use in more than half of the substances measured;
 - c. There were *increases* in the reported use of marijuana, hallucinogens, heroin, ecstasy, sedatives, over-the-counter drugs and chewing tobacco;
 - d. Overall results indicate a slight increase in some substance use and a slight decrease in other areas of substance use since the *2006 Arizona Youth Survey*.
5. Subcommittee reports
 - i. Medical Examiner's Report: rise in rave parties. One death in October, results pending but anticipate it is drug and alcohol related. 40% of deaths year to date are drug, alcohol and suicide related. ME scheduled school presentations to Show Low and Snowflake next semester.
 - ii. Show Low—discussion of teen court success, mass DITEP testing on all athletes; wound up identifying about 6 using substances; Sandy looking to purchase a ropes course & training for SLUSD. Sandy also mentioned sports

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coach is willing to organize club play volleyball tournament in the spring to benefit NCDP

- iii. PLAAD— Nov 4 Date Nite (over 100 in attendance), Jan 17 MLK Shred-a-thon, April 27 Harlem Ambassadors, Soccer tourney pending, 2 athletes busted for pot on campus. Dave Clark exploring drug testing for high school.

6. 2011 planning

- a. Theme for the year—maintain UAD
- b. Calendar, t-shirts, promo items, Summit???
- c. Spring Town Halls: committee meeting Nov 22, 9 am, South County Health Dept.
Committee members: Kirk Grugel, Diana Lowell, Carlton Timms, Greg Cardita, Arno Hall, Chris Rodencal, Barbara Bruce
 - i. Ideas: approach town councils, church leaders to promote; find out from Drug Court participants what would compel them to attend; survey prisoners; what are barriers to attendance (transportation, food, baby sitting); need to impact adults
- d. Friends of the Coalition expansion, activation & assumption of duties, fund raising event —pls recruit some willing workers to join the board, perhaps from WM Womens Club members
- e. Expansion of Steering Committee—filling the gaps—counseling, CCC, faith based, sober living
- f. Other discussion: expanding to serve adults and not just youth; general coalition meeting' offering seminars & workshops; membership drive; quarterly newsletter

Future meetings:

Dec. 8 (move to Show Low Health Dept)

Jan 12

Feb 9

Mar 9

Apr 13

May 11

Jun 8

Jul 13

Aug 10

Sep 14

Oct 12

Nov 9

Dec 14