

# Navajo County Coalition Against Drug Abuse

A Coalition of Concerned Navajo County Residents Joined Together to:

- EDUCATE the Community on the substance abuse crisis
- REHABILITATE those who have fallen into the addiction
- ENFORCE laws pertaining to the spread of substance abuse in our communities



## Steering Committee Minutes

Oct. 13, 2010

1. In attendance: Shanan Aven, Debe Campbell, Greg Cardita, Brad Carlyon, KC Clark, Kirk Grugel, Mary Jeanne Munroe, Chris Rodencal, Jeff Smythe, Jerry Van Winkle,
2. Guest speaker — Shanan Aven, State Meth Coordinator for Strategic Applications International LLC. Working under a federal rural meth grant, she is tasked to provide supplemental programs, bridge gaps between law enforcement, tribal and non-tribal lands. A state plan includes the 11 rural counties. A Drug Endangered Children's program is available through the HIDTA regional office in Phoenix (where Ms Aven also is housed). The State Meth Task Force has evolved into the Rural Law Enforcement Action Team, tasked to bring rural law enforcement on board. She advises Maricopa County has a mobile unit available for intervention with DC cases. She hopes to use Navajo County as the prototype. Two mini summits will be held in March & April in the north and south rural regions to bring law enforcement together with speakers RE Meth. KC Clark added that HIDTA has supplemental funding and ONDCP's goals are education and treatment. So far, HIDTA has funded a criminal analyst and a lieutenant for MCAT.
3. Director's Report
  - a. Second scholarship training for yearlong sustainability training— Debe, Carlton & Toby —Sept. 14 & 15—outcome should be core content for 2011 DFC grant.
  - b. Partnership for a Drug Free America training, Sept. 23—new print ads, radio and a community presentation provided, plus Wrecked card game to use with small groups of youth.
  - c. AYS numbers still awaiting. Expect by end of month.
  - d. ACJC new Az Community Data Project on line: <http://www.bach-harrison.com/arizonadataproject/> This will warehouse all kinds of drug stats and data for Arizona.
  - e. Nacard Distribution Marketing Director meeting last week in Winslow. Very favorable reception for working together on grant funding, cooperating with underage drinking town halls, liquor store signage, JLA, etc. Will meet again with Marketing Director and owner, with Linda Morrow.
  - f. State Proposition Town Hall, Oct 13, Snowflake, Brad Carlyon spoke as CON, Debe supported with pertinent questions
  - g. Prop 203 Taylor City Council Oct 13; Council made the bold move to support a resolution against Prop 203, the first time the Council has made a political stance on such an issue!
  - h. Faith Minister's breakfast, Oct 19 (date pending Brad's commitment to Rotary). Joel Weeks identified as a starting point to bring this matter before the LDS church—others who can speak to community/civic/neighborhood groups??? Oct. 26 DrugNet Brad Carlyon on Prop 203; DrugNet Oct. 31, 3pm, Propositions & Candidates analysis
  - i. November annual meeting will be same date and time as usual, but longer.....as needed. Plan for 9:30 am-1pm, SLPD Training room
  - j. Suicide Prevention workshops Nov 5 (2 sessions ASIST), 6&7 (weekend session, suicide intervention). Information & registration forms available on our website: [navajocountydrugproject.com](http://navajocountydrugproject.com)
  - k. Spice: Chris Rodencal brought to our attention that cases of youth using Spice have been coming into the ER. Spice is a manufactured marijuana substitute, taking a herbal/potpourri/vegetation base, sprayed with a THC-like chemical & acetone. It is sold at smoke shops/head shops as "incense" and labeled "not for human consumption". However it presently is totally legal in Arizona for anyone to purchase. Some shops say they require ID for age 18 to purchase. It produces an agitated high unlike marijuana and presents in the ER with vomiting, hallucinations, even seizures and coma. One brand, K2,

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is said by distributors to be addictive. Counterfeit, foreign-made K2 also is available in the community. More awareness needs to be disseminated to parents and schools. KC Clark added there is talk at the state level to outlaw spice in Arizona.

4. Program Reports
  - a. Parade participation, Sept 25. 21 participants including JLA graduates & JLA teachers. 53# candy distributed and hundreds of brochures. Honorable mention from parade committee for our participation.
  - b. Summit IV, Oct 2, 10 am-2pm, McNeil Gym; ±800 participants, 30 booths, Governor's Draw the Line exhibit, 60 door prizes, 25 raffles. Raised about \$450 in sales. MCAT collected 24.4 # of Rx drugs. Plan to repeat next year.
  - c. Young Marines, Oct.4— new interactive DVD/card game program “Wrecked”—more units coming for availability for small group programs by steering members
  - d. Red Ribbon Week: targeting 500 students, usually random selection I've requested MCAT funds to double the order. Participation requests from Stephanie Lynn @ Holbrook, Deborah Tock @ Show Low (JLA Follow up), Reba Serrano @ Cradleboard (JLA Follow up) & Gil Alvidrez @BRMS (JLA Follow up)
  - e. Subcommittee reports
    - i. Medical Examiner's Report—Greg Cardita—In 2008 & 2009 there were 9 suicides each year in non-tribal Navajo County. Year to date there are 18. He calls this “off the charts”. There were 3 hangings in Winslow about 10-days ago, all probationers, 2 Hispanic/1Native ages 18, 20 & 26. They were part of 8 females and 7 males in a suicide pact. The press has not covered this. “This is something to look at with juvenile and adult probation for suicide prevention,” he added. All three had alcohol on board; one was a known meth user. Previously, suicides were economically driven and at an older age group. These are emotionally driven. Of 90-100 cases Cardita expects this year, 25% will be suicides. And the age group is plummeting. KC Clark adds that the Navajo Nation has admitted that there is a dramatic spike in suicides among 18-25 year olds. Additionally, Cardita reported 2 Rx drug deaths since last month's report. One male, one female. One will likely be ruled a mixed drug intoxication and the other overdose.
    - ii. PLAAD— Nov 4 Date Nite, Blue Ridge Mid School, 5:30-7:30 pm, free pizza.
    - iii. Snowflake-Taylor—Chief Ken Van Winkle noted he would work with fledgling community coalition in Snowflake-Taylor to identify a leader. SRO Les Shumway and school based probation officer identified as prospects to incorporate.
5. From the floor—
  - a. Chris Rodencal is hosting a Mental Health Forum, Nov 4, 11 am-2 pm at Holiday Inn Express, including lunch. Inviting public/private/professional/faith/tribal/LEA/ CPS/APS etc. She notes a huge spike in adolescent suicide attempts in ER. Normally 1-2/month, one day they had 3 at once.
  - b. Mary Jeanne Munroe reported having access to curriculum directors and has been presenting JLA to Joseph City, Whiteriver, etc., in an effort to continue expansion. She notes that Ann Cambridge in Pinon still has her underage drinking prevention group together (that did our alcohol mapping project) and it remains active. Kids in it that previously were in trouble/on probation are now student council leaders! She recommends redoing alcohol mapping in the communities that were not previously mapped.
  - c. Chris Rodencal reiterated the need for hard data on JLA results & outcomes. Evidence based and environmental changes are what are being funded. She suggested getting a

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NAU grad student to do follow-ups with JLA kids. Ms Aven further recommended Arugs University & Ottawa University counseling program students in Phoenix.

- d. Sheriff KC Clark & County Attorney Brad Carlyon re Prop 203: anticipating passage of the proposition, the first consideration is zoning for location of dispensaries. Per the proposition, they can be located anywhere, only restricted to 50 ft from a school. Carlyon wants them located in commercial districts for higher visualization of activity. Another area of local restriction can come through health ordinances. Suggestion for Steering November agenda to include how to attack the 203 issues. Clark feels passage of 203 is partially a backlash against government. 15 Az sheriffs and county attorneys have come out publicly against 203, “the first time 15 sheriffs or 15 attorneys have ever agreed on anything.”

## Next meetings:

Nov 10—9:30-1, SLPD

Dec. 8 (Show Low Health Dept for future)

Jan 12

Feb 9

Mar 9

Apr 13

May 11

Jun 8

Jul 13

Aug 10

Sep 14

Oct 12

Nov 9

Dec 14